



## YOUTH SUPERHERO POWERS Take the Pledge!

I promise myself...

- ★ To be the boss of my body!
- ★ To remember that I get to decide what touches feel unsafe to me.
- ★ To say “NO” to someone if his or her touches make me scared or uncomfortable.
- ★ To call my body parts by their real names.
- ★ To never let anyone look at or touch my private body parts except a parent or doctor. If the touch feels unsafe or uncomfortable, I will say “NO”.
- ★ To never keep secrets especially if I am scared.
- ★ To tell an adult I trust if someone asks me to keep a secret or tries to look at or touch my private body parts.
- ★ To never go anywhere or take anything from a stranger or someone I don't trust.
- ★ To remember it is never my fault if something bad happens.
- ★ To get help right away if something bad happens.

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Signature

For more information, call (847)377-3155  
or visit our website:  
[www.friendsoflccac.org](http://www.friendsoflccac.org)

